



PRESS RELEASE

20something: Dreams, visualisation and trends

TX: Sunday February 22, after 11:00 movie

Out with the old in with the new. 20something is all about reinventing this week, coming to you from the newly renovated Rosebank ends and valuable self-enhancement tips. They also explore the power of visualisation and surviving in the ever changing world.

Also on 20something this Sunday:

- There is soul searching with fairy Godmother, Donna McCallum, to talk about the incredible power of making dreams come true.
- South African trend guru Dion Chang has managed to reinvent his career from a fashion trend setter to Flux Trend Spotter.
- Renewing oneself is the secret to feeling good. We talk to image consultant Doris Msibi about making first impressions last.
- Most families have their own dynamics. Steve Solomon tells stories of his wacky family in the solo comedy *My Mother is la*

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