



## **Press Release**

### **3<sup>rd</sup> Degree: Bulging Over** **Tuesday 23 January @ 8pm**

Nearly half of the South African adult population is obese. And a quarter of this country's children are fat. The frightening reality is that these alarming figures are on the increase.

South Africans are just as overweight as Britons and Americans. This week 3<sup>rd</sup> Degree brings you a heartbreaking story of a nineteen year old girl from Hammanskraal, Hermina Rakgoale, who weighs a whopping three hundred and eighty kilograms. She is in desperate need of surgery.

But her Medical Aid has refused to cover the costs. Gastric by-pass surgery is her last hope, without it she may die. We ask why are South Africans eating themselves to death and Medical Aids unwilling to help the chronically obese?

**3<sup>rd</sup> Degree** investigates Tuesday, 23 January at 8pm only on e!

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