



Press Release

A HAPPY NEW YEAR, WITH 20SOMETHING! **Sunday, 15 and 22 January @ 1.30pm**

2006 has arrived and so the entertainment guide for all 20something's kick starts another year of fun. A new season and a new co-host, that's all happening on **20something**.... Joining Namhla Ndlovu on **20something** this year is the super gorgeous Shashi Naidoo who will make sure you are safely in the groove in this New Year, every Sunday at 1.30pm, free on e.

On Sunday 15 January @ 1.30pm...

Planning to leap into the big league? Then be sure not to miss our interesting and informative segment on buying a house. Glen Norton is in studio to give us the do's and don'ts to follow when buying that property...

To all you gadget fundi's we say don't despair as we take technology head-on with Anthony Draper as he whets our appetites on our monthly gadget review.

If partying is more your thing you'll be happy checking what's on offer out there with our weekly gig guide where we check out all the hot spots.

Our movie preview for the week is the Johnny Cash biopic "Walk The Line" starring Joaquin Phoenix as the legendary singer and Reese Witherspoon taking on the role of his love, Joan Carter. The movie follows the life of Cash - from picking cotton, selling door to door, serving in the Air Force, and becoming the original rebel rocker, it's a colourful portrait of a man who impacted rock and roll forever. It's a real must watch - even if you're not a fan!

And we play out with Backstreet Boys with their comeback hit 'Incomplete'.

On Sunday 22 January @ 1.30pm...

We tackle probably the number one resolution of all time - weight loss! The festive season has come and gone and it's about time you shed those extra kilos... Trainer Mario Papadopolous is in studio to demonstrate effective and quick exercises for all you 20somethings to do at home so that you can get into shape.

And if you thought we were fickle, think again... We go deep as we feed your soul with some poetry... Poet Kojo Baffoe makes us feel good with his words.

The movie preview this week is the controversial Steven Spielberg flick "Munich". Set in the backdrop of the 1972 Olympic Games in Munich, eleven Israeli athletes are taken hostage and murdered by a Palestinian terrorist group known as Black September. In retaliation, the Israeli

government recruits a group of Mossad agents to track down and execute those responsible for the attack.

And we play out with Bow Wow featuring Omarion with their catchy tune 'Let Me Hold You'.

For further information and pictures please contact:

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