



## PRESS RELEASE

**Forgive & Forget: Disrespect**  
**TX: Tuesday, 15 April at 8.30pm**

Sometimes life can be stressful, and sometimes that stress can lead to people doing and saying things that they do not mean. What happens in these instances is that some people look for professional help to help them deal with these tough situations. Let Doris Msibi be your life coach as she seeks to sort out some of life's issues that families cannot iron out on their own.

This week we get to meet a family (a niece and her auntie and uncle) divided because of their niece's behaviour towards them and how she wants to sort things out amicably with them. She realizes how wrong she was and that her family has the best interest for her. Catch this reverting story of a family torn apart and trying to patch things up.

Forgive & Forget Make a date with Forgive & Forget, every Tuesday at 8:30 pm, as the show tries to connect families and friends in efforts to create blissful family unions, free only on e.