



Press Release

Great Expectations **Monday and Tuesday 11.30-12:30pm** **5th February 2007 – 6th February 2007**

WHEN TO STOP BREASTFEEDING **Monday, 5 February at 11.30-12.30**

Great Expectations tackles the sensitive issue of breast feeding on Monday, 5 February. Babies love the protective feeling of being close to their mother, especially during the night feed. However there are some difficult issues that need to be talked about. Is there an age when a baby should stop breast feeding? Should one stop at six weeks, six months or at six years? Also, deciding not to breastfeed is a very hard decision. While nobody says it's wrong not to breastfeed, the minute you fall pregnant you are inundated with people telling you how good breastfeeding is for the child. ***Great Expectations*** talks to moms about these emotional issues and looks for solutions.

MOTHERHOOD THEN vs. NOW **Tuesday, 6 February at 11.30-12.30**

It is quite obvious how motherhood has changed over the years. ***Great Expectations*** chats to women from different generations about how they gave birth and what they were told about how to parent in their day. The past 30 years have brought many changes in the way of parenting from discipline to safety practices and to play. Also, fewer women are at home with kids. Before then, in our mother's and grandmother's generation, having a baby went hand-in-hand with

getting married. Marriage was done early - at an average age of 21 - and babies followed immediately after. *Great Expectations* will also focus on the improvement in modern medicine, women's position in society and how attitudes towards babies have changed.

For the best in mother and baby care don't miss ***Great Expectations*** from 11:30-12:30pm (a full hour) and if you need more information log onto www.etv.co.za and click on the ***Great Expectations*** link.

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