



Press Release

Great Expectations **Monday, Tuesday, Wednesday at 11.30am**

Why do babies cry so much? This is a question frequently asked by new parents who fail to realize that many normal babies cry randomly throughout the day. Sometimes first-time mothers are not sure why their baby might be crying, and they too end up crying. This Monday June 19, *Great Expectations* gives parents a checklist and shares information on what crying is all about. The practical stuff is explained and we look at the way babies communicate and also what the message is when they suddenly cry. Today's guests: Meg Faure an infant therapist, Marilyn Donaldson a psychologist, and Barbara Lancaster Tidy a social worker.

Becoming a father is a huge transition for a man, one that is often overlooked. On today's show June 20, we celebrate dads. This is also an opportunity for women to understand their male partner's perspective. Dads in the 21st century are more hands-on than ever before, from holding your hand in the delivery room to changing the nappies and preparing a bottle. Phew! We explore what a man actually goes through - his fears, his hopes and dreams - and also how his relationship with his partner changes. *Great Expectations* hosts Dali Ndebele director of a promotions company, Kutlwana Masote a classical musician and Michael Sissison a clinical psychologist to share what the experience of becoming a daddy is like.

The international series on Wednesday June 21, *Baby Human* explores the evolution of an infant's feelings in everyday situations and the development of their emotional lives. Babies aren't good at hiding their feelings. Long before they start talking, their emotions burst out in a range of gestures: tears, grimaces, smiles and giggles. Just as the physical and thinking parts of an infant develop in the early months of life, so, too, does the emotional landscape that shapes personality and guides experience.

For more information on the show and photos please contact:

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