



Press Release

Groove On! With 20something

This week **20something** gives you some advice on eliminating stress, suggests some fantastic winter reads, and as usual, keeps you informed on what's happening in movies and music. With your two trusted hosts Namhla Ndlovu and Shashi Naidoo in the driving seat, be sure not to miss your Sunday afternoon dose of this exciting youth magazine, every Sunday free on e.

TX: Sunday, 21 May 2006 at 1:30pm

Stressed Out? Then make sure you don't miss our chat with Siyabonga Nkosi, a Clinical Psychologist who is in studio to tell us more about Stress Management. Stress is inevitable in the world that we live in today and a lot of 20somethings can relate to this subject. Most of us have stress and in most instances are not aware of the fact, and the people, who might know that they have stress, don't know how to deal with it.

Fear Factor South Africa host, Thapelo Mokoena, reviews Paul Coelho's "Confessions of a Pilgrimage". This autobiography by the legendary writer is an intimate portrait in which he offers compelling fist-hand accounts of his life experiences.

We preview the movie "Pretty Persuasion". When manipulative high school sophomore Kimberly Joyce (Evan Rachel-Wood) rallies her two friends Brittany Wells and Randa Azzouni in bringing charges of sexual assault against their English and Drama teacher at an exclusive private school in Beverly Hills, she sets her school and media into a chaotic and frantic collision. Local reporter Emily Klein, originally assigned to do an insignificant piece on the allegation, hopes that the scandal will launch her into celebrity in the TV news business. Meanwhile, Kimberly's bigoted father, Hank, is concerned primarily with the effect that his daughter's accusations may have on his business.

We play out with the soulful duo from London-town Floetry with the lead single 'Superstar' from their sophomore album "Floetic".

TX: Sunday, 28 May 2006 at 1:30pm

We interview the cast of the play 'In the Continuum'. The play dramatises the devastating problem of AIDS among African and African-American women – a timely topic, both globally and in South Africa, and a problem that is only now getting the attention of the international media. Living worlds apart in South Central, Los Angeles, and Harare, in Zimbabwe, two young women experience a weekend of darkly comic life-changing revelations.

We chat to local doccie makers Mandi Mjelakhe and Vincet Moloji. The duo has been involved in doing documentaries for the past 5 years. They chat to us about how that discovered their passion for documentaries, what they love about them and the status documentaries in the country. They also chat about what types of subject matter they are documentaries deal with.

We preview the movie "Take the Lead". Pierre Dulaine (Antonio Banderas) is a Manhattan ballroom teacher and competitor who volunteers his time to teach ballroom dancing to a group of New York inner city high school kids. Initially forced to participate as a form of detention, the kids reject Dulaine's efforts until his unwavering commitment and dedication finally inspires them to embrace the program, infusing it with their own unique hip-hop style while subconsciously learning valuable life lessons about pride, respect, self-esteem and honour.

We play out with Damien Marley 'Road to Zion'.

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