



## PRESS RELEASE

**Living it up - Sex and the City Style - with 20something!**  
**TX: Wednesday 28 May, at 8pm**

Only for the ladies! If you thought that 20something couldn't get any sexier, then be sure not to miss this week's episode. Tying in with one of the biggest event in cinematic history, 20something comes to you with a Sex and the City theme. The movie picks up where the TV show left off four years ago with Carrie, Miranda, Samantha and Charlotte back in full force.

Namhla gets invited by DJ Lady Lea to unwind and relax in a 'Carrie' style...

The shows comes to you from O' Galito, a very trendy Portuguese restaurant and a visit wouldn't be complete be without a tour as 20something shows off this uber stylish eatery.

Nutritionist, Ashleigh Caradas shows you how to whip your body into shape by eating healthily.

And to top it all off we reveal a hot mystery guest presenter who will sure keep you glued to your TV set as he shows all the ladies how to hook up your own delicious health meal in a quick fix.

It's gonna get hot in here, so be warned. Catch 20something, every Wednesdays at 8pm, free on e.