



*Your complimentary
use period has ended.
Thank you for using
PDF Complete.*

[Click Here to upgrade to
Unlimited Pages and Expanded Features](#)

The Shield Teens No Sweat Dance Challenge

TX: Sunday 31 August at 6.05pm

This week on The Shield Teens No Sweat Dance Challenge, host Khanya and the team are off to the beautiful Mother City, Cape Town where talented young girls strut their stuff in front of large crowds and the judges at the busy shopping centre, Canal Walk.

Get to know two of the girls and see what is behind their funky dance moves. Join in one girl's astonishment as she gets a surprise audition from Khanya and one of the judges.

Judges Craig Bullock, Dineo Msimang and Jade Rahme put the contestants through three strenuous dance routines at the Artscape Theatre to see whether they have what it takes to make it to the finals and compete for R50 000.

Move to the Mother City's beat this Sunday on e.