



# **PRESS RELEASE**

## **The Shield Teens No Sweat Dance Challenge**

**TX: Sunday 31 August at 6.05pm**

This week on The Shield Teens No Sweat Dance Challenge, host Khanya and the team are off to the beautiful Mother City, Cape Town where talented young girls strut their stuff in front of large crowds and the judges at the busy shopping centre, Canal Walk.

Get to know two of the girls and see what is behind their funky dance moves. Join in one girl's astonishment as she gets a surprise audition from Khanya and one of the judges.

Judges Craig Bullock, Dineo Msimang and Jade Rahme put the contestants through three strenuous dance routines at the Artscape Theatre to see whether they have what it takes to make it to the finals and compete for R50 000.

Move to the Mother City's beat this Sunday on e.