



## Press Release

### This Week On 3<sup>rd</sup> Degree: Tuesday 16 August @ 8pm A Pill For All Seasons

It's winter and chances are you have a cold or the flu. So you pop a pill to ease your runny nose and tight chest. Or maybe you're looking forward to summer. No doubt you'll want to lose some weight just in time for beaches and bikini's. So you take an over-the-counter slimming mixture.

**Addiction** to cold and flu meds as well as appetite suppressants is on the rise in South Africa. These medicines have the potential to heal, but they can also be highly damaging. Society's obsession with pill popping is growing and so is the threat of abuse to these highly addictive substances.

This week on **3<sup>rd</sup> Degree** we go undercover and reveal just how easy it is to buy these highly addictive medicines at local pharmacies. We ask where is the control in the sale of over the counter medicines. We speak to two recovering addicts: one a codeine addict, the other hooked on appetite suppressants - they both obtained their drugs over the counter. Don't miss **3<sup>rd</sup> Degree**, on **Tuesday 16 August**, only on **e!**

For further information and pictures, please contact:

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